



Spirit of Beauty Product Instruction:

Always apply your product in an upward motion from the base of your neck up over your chin, cheeks and forehead. We always want to encourage the skin to lift!

Phyto-Nutrient Face Wash: Wash your face with a scrubbing motion to loosen all debris.

Exfoliant: Use the exfoliant 3 times a week in the shower. Rub in clockwise circles focusing attention on the forehead, cheeks, chin area and nose.

Mask: Optional: Apply the mask generously to the face and neck and allow to sit for 10-30 minutes depending on level of cleansing required. If using the mocha mask, remove with a dark towel to avoiding stains. Follow with the toner and the rest of the regimen.

Eye Cream: Put one pump on your ring finger and then share with the other ring finger. With light touch, dab the product onto your face beginning near your nose and spreading out towards the outside of your eyes.

Toner: Spray toner mist onto face and then down the center line of the body to align all seven chakras. Take a moment and feel the balancing that's occurring. Remember, you want your face to be slightly moist so you can easily spread the IHAC on next.

IHAC: Use four drops of this highly nutritious formulation. Spread evenly on your face and neck, making sure to get under your eyes as well. Be careful around clothing, this product will stain.

D-crease Line: Optional. Use one pump of this over your entire face, making sure to rub this in an upward direction, especially over wrinkles and fine lines.

Night Cream: Use one pump over neck and face, moving in an upward direction. This product will penetrate all the previous products deeply into the cell structure.

Day Cream: During the day, apply this product last to seal the skin and offer a mild protection from the sun.